# **Complete Summary**

#### **GUIDELINE TITLE**

Assessment: Glasgow Coma Scale score. In: Guidelines for the prehospital management of severe traumatic brain injury, second edition.

# **BIBLIOGRAPHIC SOURCE(S)**

Assessment: Glasgow Coma Scale score. In: Badjatia N, Carney N, Crocco TJ, Fallat ME, Hennes HM, Jagoda AS, Jernigan S, Lerner EB, Letarte PB, Moriarty T, Pons PT, Sasser S, Scalea TM, Schleien C, Wright DW. Guidelines for prehospital management of traumatic brain injury. 2nd ed. New York (NY): Brain Trauma Foundation; 2007. p. 26-35. [20 references]

#### **GUIDELINE STATUS**

This is the current release of the guideline.

This guideline updates a previous version: Brain Trauma Foundation. Guidelines for prehospital management of traumatic brain injury. New York (NY): Brain Trauma Foundation; 2000. 81 p.

# **COMPLETE SUMMARY CONTENT**

**SCOPE** 

METHODOLOGY - including Rating Scheme and Cost Analysis RECOMMENDATIONS

EVIDENCE SUPPORTING THE RECOMMENDATIONS

BENEFITS/HARMS OF IMPLEMENTING THE GUIDELINE RECOMMENDATIONS QUALIFYING STATEMENTS

IMPLEMENTATION OF THE GUIDELINE

INSTITUTE OF MEDICINE (IOM) NATIONAL HEALTHCARE QUALITY REPORT CATEGORIES

IDENTIFYING INFORMATION AND AVAILABILITY DISCLAIMER

# **SCOPE**

# **DISEASE/CONDITION(S)**

Traumatic brain injury (TBI)

# **GUIDELINE CATEGORY**

Diagnosis Evaluation Risk Assessment

#### **CLINICAL SPECIALTY**

Critical Care Emergency Medicine Neurological Surgery Neurology Pediatrics

#### **INTENDED USERS**

Emergency Medical Technicians/Paramedics Physicians

# **GUIDELINE OBJECTIVE(S)**

- To provide guidelines for the early and appropriate prehospital management of traumatic brain injury (TBI)
- To provide appropriate guidelines for prehospital assessment of the severity of the TBI

#### **TARGET POPULATION**

Adults and children with traumatic brain injury

# INTERVENTIONS AND PRACTICES CONSIDERED

- 1. Use of the Glasgow Coma Scale (GCS), including age-appropriate scoring
- 2. Timing of the GCS administration
- 3. Personnel administering the GCS

#### **MAJOR OUTCOMES CONSIDERED**

- Predictive value of the Glasgow Coma Score (GCS) on morbidity and mortality
- Inter- and intra-rater reliability

#### METHODOLOGY

# METHODS USED TO COLLECT/SELECT EVIDENCE

Hand-searches of Published Literature (Primary Sources) Hand-searches of Published Literature (Secondary Sources) Searches of Electronic Databases

#### **DESCRIPTION OF METHODS USED TO COLLECT/SELECT THE EVIDENCE**

# **General Search Strategy**

Four participants were assigned to work on each topic – two for the adult section and two for the pediatric section. Participants finalized the scope of each topic and provided terms for the electronic literature search.

#### **Inclusion Criteria**

- Human subjects
- Traumatic brain injury (TBI)
- English language
- <u>></u>25 subjects
- Randomized controlled trials (RCTs), cohort studies, case-control studies, case series, databases, registries

# **Exclusion Criteria**

- Sample contained >15% of pediatric patients, or >15% of patients with pathologies other than TBI <u>AND</u> the data were not reported separately (see Appendix C)
- Wrong independent variable (e.g., the intervention was not specific to the topic)
- Wrong dependent variable (e.g., outcomes were not mortality or morbidity, or did not associate with clinical outcomes)
- Statistics used in the analysis were not appropriate to the research design, variables, and/or sample size case studies, editorials, comments, letters

Center staff worked with a doctoral-level research librarian to construct electronic search strategies for each topic from 1996 through April of 2005 to August 2005 (see Appendix B in the original guideline document). They used strategies with the highest likelihood of capturing most of the targeted literature, which resulted in the acquisition of a large proportion of non-relevant citations. A set of abstracts was sent to the participants for each topic. Blinded to each others' work, they read the abstracts and eliminated citations using the criteria specified above.

Center staff compared the participants' selections, identified discrepancies, and worked with authors to resolve them. A set of full-text publications was sent to each participant. They read the publications and determined the final library of studies that would be used as evidence. Results of the electronic searches were supplemented by recommendations of peers and by reading reference lists of included studies.

A second search was conducted from 2005 through July of 2006 to capture any relevant Class I or II literature that might have been published since the first literature search in 2005. Relevant publications were added to those from the original search, constituting the final library of studies that were used as evidence in this document. The yield of literature from each phase of the search is presented in Appendix D in the original guideline document.

### **Specific Strategy for This Topic**

For this update Medline was searched from 1996 through July 2006 using the search strategy for this question (see Appendix B of the original guideline

document), and results were supplemented with literature recommended by peers or identified from reference lists. For adult studies, of 105 potentially relevant publications, 4 were added to the existing table and used as evidence for this question. For pediatric studies, of 42 potentially relevant publications, 3 new studies were used as evidence for this question (see Evidence Tables in the original guideline document).

# **NUMBER OF SOURCE DOCUMENTS**

7 adult studies and 4 pediatric studies

# METHODS USED TO ASSESS THE QUALITY AND STRENGTH OF THE **EVIDENCE**

Weighting According to a Rating Scheme (Scheme Given)

#### RATING SCHEME FOR THE STRENGTH OF THE EVIDENCE

# **Quality Assessment of Diagnostic Studies**

#### Criteria

- Screening test relevant, available, adequately described
- Study uses credible reference standard, performed regardless of test results
- Reference standard interpreted independently of screening test
- Handles indeterminate results in a reasonable manner
- Spectrum of patients included in the study
- Adequate sample size
- Administration of reliable screening test

# Class of Evidence Based on above Criteria

Class Evaluates relevant available screening test; uses a credible reference standard; interprets reference standard independently of screening test; reliability of test assessed; has few or handles indeterminate results in a reasonable manner; includes large number (more than 100) broadspectrum patients with and without disease.

Quality Assessment of Diagnostic Studies				
Class	Evaluates relevant available screening test; uses reasonable although not best standard; interprets reference standard independent of screening test; moderate sample size (50 to 100 subjects) and with a "medium" spectrum of patients. A study may be Class II with fewer than 50 patients if it meets all of the other criteria for Class II.			
Class	Has fatal flaw such as: uses inappropriate reference standard; screening test improperly administered; biased ascertainment of reference standard; very small sample size of very narrow selected spectrum of patients.			

#### METHODS USED TO ANALYZE THE EVIDENCE

Systematic Review with Evidence Tables

#### **DESCRIPTION OF THE METHODS USED TO ANALYZE THE EVIDENCE**

Remaining blinded to each other's work, participants read each publication and abstracted data using a predetermined format.

# **Quality of Body of Evidence**

Ultimately the individual studies were considered in aggregate, whether through meta-analyses or through qualitative assessment. Thus, the strength of recommendations were derived from the quality of the overall body of evidence used to address the topic.

The quality of the overall body of evidence for each recommendation was classified as *high*, *moderate*, or *low*. Factors that may decrease the quality include potential bias, differing findings across studies, the use of indirect evidence, or lack or precision. For example, if two or more Class I studies demonstrate contradictory findings for a particular topic, the overall quality most probably will be low because there is uncertainty about the effect. Similarly, Class I or II studies that provide indirect evidence may only constitute low quality evidence, overall.

#### **Indirect Evidence**

Well controlled studies conducted in the field are rare. One alternative is to apply evidence from studies conducted in other environments to field practice, or from other pathologies to traumatic brain injury (TBI). In this document, indirect evidence from inhospital populations or from physiological studies was used, after careful consideration of the quality of the study for its own population, and then of its usefulness as indirect evidence. The following sequential process of questions was used:

- 1. To what extent does the physiology of the field application approximate the physiology of the inhospital application?
- 2. What are the differences in patients, settings, treatments, and measurements between the field and inhospital settings?
- 3. To what extent would those differences influence the physiology of the intervention?
- 4. To what extent and in what direction would those differences influence the observed effect?
- 5. What is the quality of the publication?
- 6. Consider all of the above (1) to determine if the publication can be used as indirect evidence, and if so, (2) to determine the quality of the evidence.

In the original guideline document, indirect evidence used to support a recommendation is identified as such.

# METHODS USED TO FORMULATE THE RECOMMENDATIONS

**Expert Consensus** 

# DESCRIPTION OF METHODS USED TO FORMULATE THE RECOMMENDATIONS

The Brain Trauma Foundation (BTF) and the BTF Center for Guidelines Management (Center) convened a virtual meeting of previous participants in the development of *Guidelines for Prehospital Management of Traumatic Brain Injury*, as well as with colleagues new to the project. They specified topics for inclusion in the current update, and agreed to include pediatric literature as a separate section for each topic. Further refinement of topics and scope was accomplished in a subsequent work meeting of participants with BTF and Center staff. The group agreed to maintain the distinction between *Assessment* topics and *Treatment* topics.

The participants drafted chapters and the entire team gathered for a 2-day work session to discuss the literature base, and to achieve consensus on classification of quality of evidence, and strength of recommendations.

After the work meeting, participants revised each topic based on the group's recommendations. Virtual meetings were convened, during which a subset of approximately five members of the team edited each topic online.

#### RATING SCHEME FOR THE STRENGTH OF THE RECOMMENDATIONS

**Strong** recommendations are derived from high quality evidence that provide precise estimates of the benefits or downsides of the topic being assessed.

With **weak** recommendations, (1) there is lack of confidence that the benefits outweigh the downsides, (2) the benefits and downsides may be equal, and/or (3) there is uncertainty about the degree of benefits and downsides.

#### **COST ANALYSIS**

A formal cost analysis was not performed and published cost analyses were not reviewed.

# METHOD OF GUIDELINE VALIDATION

Internal Peer Review

#### **DESCRIPTION OF METHOD OF GUIDELINE VALIDATION**

Final versions were circulated to the Review Committee. Critiques from the Review Committee were addressed by participants and incorporated, or not, based upon their accuracy and consistency with the pre-specified systematic process.

#### **RECOMMENDATIONS**

#### **MAJOR RECOMMENDATIONS**

Strength of recommendations (**strong** or **weak**) and quality of evidence (**Class I-III**) are defined at the end of the "Major Recommendations" field.

Strength of Recommendations: Weak.

Quality of Evidence: Low, primarily from Class III studies and indirect evidence.

#### Adult

- A. Prehospital measurement of the Glasgow Coma Scale (GCS) is a significant and reliable indicator of the severity of traumatic brain injury (TBI), and should be used repeatedly to identify improvement or deterioration over time.
- B. The GCS must be obtained through interaction with the patient (i.e., by giving verbal directions or, for patients unable to follow commands, by applying a painful stimulus such as nail bed pressure or axillary pinch).
- C. The GCS should be measured after airway, breathing, and circulation are assessed, after a clear airway is established, and after necessary ventilatory or circulatory resuscitation has been performed.
- D. The GCS should be measured preferably prior to administering sedative or paralytic agents, or after these drugs have been metabolized.
- E. The GCS should be measured by prehospital providers who are appropriately trained in how to administer the GCS.

# **Pediatrics**

- A. The GCS and the pediatric GCS (P-GCS, see Table below) are reliable indicators of the severity of TBI in children and should be used repeatedly to identify improvement or deterioration over time.
- B. The adult protocol for standard GCS measurement should be followed in children over 2 years of age. In pre-verbal children, the P-GCS should be employed, with a full verbal score of 5 assigned to infants cooing or babbling.
- C. Prehospital providers should determine the GCS or P-GCS after airway, breathing, and circulation are assessed and stabilized.
- D. The GCS and P-GCS should be measured preferably prior to administering sedative or paralytic agents, or after these drugs have been metabolized.

Table. Comparison of Pediatric GCS with GCS

GCS			P-GCS		
Eye Opening		Eye Opening			
•	Spontaneous	4	•	Spontaneous	4
•	Speech	3	•	Speech	3
•	Pain	2	•	Pain	2
•	None	1	•	None	1
Verbal	Response		Verbal	Response	
•	Oriented	5	•	Coos, Babbles	5
•	Confused	4	•	Irritable cries	4
•	Inappropriate	3	•	Cries to pain	3
•	Incomprehensible	2	•	Moans to pain	2
•	None	1	•	None	1
Motor Response		Motor Response			
•	Obey command	6	•	Normal spontaneous	6
•	Localized pain	5		movement	
•	Flexor withdrawal	4	•	Withdrawn to touch	5

Flexor po	sturing 3	•	Withdrawn to pain	4
Extensor	posturing 2	•	Abnormal	3
• None	1		flexion	
		•	Abnormal extension	2
		•	None	1

#### Definitions:

# **Quality of Evidence**

# Quality Assessment of Diagnostic Studies

# Criteria

- Screening test relevant, available, adequately described
- Study uses credible reference standard, performed regardless of test results
- Reference standard interpreted independently of screening test
- Handles indeterminate results in a reasonable manner
- Spectrum of patients included in the study
- Adequate sample size
- Administration of reliable screening test

# Class of Evidence Based on above Criteria

# Class I Evaluates relevant available screening test; uses a credible reference standard; interprets reference standard independently of screening test; reliability of test assessed; has few or handles indeterminate results in a reasonable manner; includes large number (more than 100) broadspectrum patients with and without disease.

Quality Assessment of Diagnostic Studies			
Class	Evaluates relevant available screening test; uses reasonable although not best standard; interprets reference standard independent of screening test; moderate sample size (50 to 100 subjects) and with a "medium" spectrum of patients. A study may be Class II with fewer than 50 patients if it meets all of the other criteria for Class II.		
Class III	Has fatal flaw such as: uses inappropriate reference standard; screening test improperly administered; biased ascertainment of reference standard; very small sample size of very narrow selected spectrum of patients.		

### **Strength of Recommendation**

**Strong** recommendations are derived from high quality evidence that provide precise estimates of the benefits or downsides of the topic being assessed.

With **weak** recommendations, (1) there is lack of confidence that the benefits outweigh the downsides, (2) the benefits and downsides may be equal, and/or (3) there is uncertainty about the degree of benefits and downsides.

# **CLINICAL ALGORITHM(S)**

None provided

# **EVIDENCE SUPPORTING THE RECOMMENDATIONS**

#### TYPE OF EVIDENCE SUPPORTING THE RECOMMENDATIONS

The type of supporting evidence is identified and graded for each recommendation (see the "Major Recommendations" field).

# BENEFITS/HARMS OF IMPLEMENTING THE GUIDELINE RECOMMENDATIONS

# **POTENTIAL BENEFITS**

Reduction in morbidity or mortality from severe traumatic brain injury (TBI) by accurate identification of the extent of the TBI

### **POTENTIAL HARMS**

Not stated

# **QUALIFYING STATEMENTS**

#### **QUALIFYING STATEMENTS**

The information contained in these Guidelines, which reflects the current state of knowledge at the time of completion of the literature search (July 2006), is intended to provide accurate and authoritative information about the subject matter covered. Because there will be future developments in scientific information and technology, it is anticipated that there will be periodic review and updating of these Guidelines. These Guidelines are distributed with the understanding that the Brain Trauma Foundation, the National Highway Traffic Safety Administration, and the other organizations that have collaborated in the development of these Guidelines are not engaged in rendering professional medical services. If medical advice or assistance is required, the services of a competent physician should be sought. The recommendations contained in these Guidelines may not be appropriate for use in all circumstances. The decision to adopt a particular recommendation contained in these Guidelines must be based on the judgment of medical personnel, who take into consideration the facts and circumstances in each case, and on the available resources.

#### **IMPLEMENTATION OF THE GUIDELINE**

#### **DESCRIPTION OF IMPLEMENTATION STRATEGY**

An implementation strategy was not provided.

# INSTITUTE OF MEDICINE (IOM) NATIONAL HEALTHCARE QUALITY REPORT CATEGORIES

#### **IOM CARE NEED**

**Getting Better** 

#### **IOM DOMAIN**

Effectiveness

### **IDENTIFYING INFORMATION AND AVAILABILITY**

#### **BIBLIOGRAPHIC SOURCE(S)**

Assessment: Glasgow Coma Scale score. In: Badjatia N, Carney N, Crocco TJ, Fallat ME, Hennes HM, Jagoda AS, Jernigan S, Lerner EB, Letarte PB, Moriarty T, Pons PT, Sasser S, Scalea TM, Schleien C, Wright DW. Guidelines for prehospital

management of traumatic brain injury. 2nd ed. New York (NY): Brain Trauma Foundation; 2007. p. 26-35. [20 references]

#### **ADAPTATION**

Not applicable: The guideline was not adapted from another source.

#### **DATE RELEASED**

2000 (revised 2007)

### **GUIDELINE DEVELOPER(S)**

Brain Trauma Foundation - Disease Specific Society National Highway Traffic Safety Administration - Federal Government Agency [U.S.]

# **SOURCE(S) OF FUNDING**

Brain Trauma Foundation

National Highway Traffic Safety Administration

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Not stated

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# FINANCIAL DISCLOSURES/CONFLICTS OF INTEREST

Not stated

#### **GUIDELINE STATUS**

This is the current release of the guideline.

This guideline updates a previous version: Brain Trauma Foundation. Guidelines for prehospital management of traumatic brain injury. New York (NY): Brain Trauma Foundation; 2000. 81 p.

#### **GUIDELINE AVAILABILITY**

Electronic copies: Available in Portable Document Format (PDF) from the <u>Brain</u> Trauma Foundation Web site.

Print copies: Available from the Brain Trauma Foundation, 708 Third Avenue, New York, NY 10017

# **AVAILABILITY OF COMPANION DOCUMENTS**

None available

#### **PATIENT RESOURCES**

None available

# **NGC STATUS**

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